

Prayer Time Ideas

1. Let each person share requests, write them down, allow group members to pray for each request.
2. Have each group member write down the names of 1-3 people close to them who are far from Jesus. Pray for them regularly by name.
3. Have each person write down a prayer request on a 3x5 card. Trade cards with the person next to you. Pray in pairs, then take the card home and pray for one another during the week.
4. Pass around a sheet with each person's name next to it. Each person writes down their prayer request next to their name. The leader (or someone else in the group) will email the requests to the group members on a weekly basis to be prayed for. (Make sure that you have permission to email sensitive prayer requests.)
5. Have a phone meeting each week with your co-leader or apprentice to pray for the members of your group, their requests and their spiritual growth.
6. Around Thanksgiving, go through the alphabet praying prayers of adoration to God. Ex. I praise you because you are Adoni. Beautiful, Creator, Deliverer, Everlasting God, Faithful, etc.
7. Pray A.C.T.S. (Adoration, Confession, Thanksgiving, Supplication)
8. If you want, lay parameters for prayer such as limiting requests to yourself, immediate family or close friends so that you aren't praying for a child in your nieces 3rd grade class in Cleveland, OH who just got leukemia.
9. One week just take requests on how each person wants to grow in their faith walk. (Ex. Please pray that I will spend 15 minutes each morning in the Word or surrender my will to God's and give up control).
10. Pray through a Psalm. Pause after each verse or section to lift up a prayer of response to what you just read. (Psalm 119 works well)
11. If a group member is not comfortable coming up with their own prayer and praying out loud, write out a prayer on a 3x5 card for them to read. This may help them feel more comfortable.